

## Management Coaching

Management Coaching focuses on improving performances and development possibilities of people in leadership positions on medium and operational level who wish to consult a sounding board, on taking decisions, and on motivating employees.



You wish to learn more about this course? +31 (0)541 - 663 029 or [info@jahetwerkt.nl](mailto:info@jahetwerkt.nl)

## Outcome

- Better balance between work and personal life;
- A better alignment of own motivations and organizational interests;
- Better understanding of personal strengths and weaknesses: self-reflection;
- Better understanding of the patterns and habits learnt, and their impact on others;
- Prevention or reduction of default or burn-out;
- Management Coaching offers tools to enhance personal effectiveness;
- Persuade and gain the support of people in an authentic way;
- Communicating efficiently;
- How you get more dominance and authority, and how you reinforce your leadership;
- How you can guide yourself to top performances (focus).

## Procedure

- Managers and people in leadership positions often say they want to work on their own management style with their management coach as sparring partner. In this way, they want to improve mutual collaboration and enhance their performances.
- It is possible to have a 'hotline' with the management coach, as to be able to have a sparring partner and sounding board fast and efficiently;
- Obstacles in both thinking and acting are being dealt with more effectively;
- The emphasis is on your work situation and experiences;
- The coach will facilitate and perform in an equal position during the sessions;
- De self-responsibility (ownership) of the learning process is in the hands of the manager or

the person in a leadership position.

## Specifications

### Coaching possibilities

- 1-to-1 coaching: in general 8 to 12 sessions of 2 hours, beside the preliminary intake, tests, and assessment;
- In group.