

Communication

This communication coaching is suited for everyone who wants to improve his interpersonal and communicative skills. You will get a tool to approach and understand people efficiently. You will be most effective when you understand your own behaviour and that behaviour style of others, when you understand the requirements of a specific situation and adapt your behaviour accordingly.



You wish to learn more about this training?

[Contact us](#)

Reasons

- You cannot express what you mean and make people understand you;
- You would like to communicate more influentially and convincingly;
- You do not understand why miscommunication happens and how to avoid it;
- You want to improve tact and clarity in your communication;

Outcome

- Understand the personal specifications of your communication style and the effect it has on others (DISC-model);
- You learn to communicate in three other ways than only about content, and also to read between the lines or to detect what is not being said;
- You discover the basic game rules of communication and learn how to apply these in practice assignments;
- Finally, you learn of course all you need to know about your body language to improve your communication.

Specifications

Coaching possibilities

- 1-to-1 coaching: in general 8 to 12 sessions of 2 hours, next to the preliminary intake, tests, and assessment;
- Via an online programme (optionally with online coach) or Blended Variant.